

# Sample OB/GYN Patient Letter

*Print on Your Practice Letterhead*

Dear Patient:

Between work, family and errands, it's not easy to put your health first. But you've cleared your schedule and made time for your well-woman exam. Now is the perfect opportunity to learn how simple testing minimizes your risk of complications from sexually transmitted infections (STIs).

During today's visit, your healthcare provider will explain to you that chlamydia (CT) and gonorrhea (NG) are common STIs that often present themselves with no symptoms.<sup>1,2</sup> When these infections are left untreated they can lead to problems such as: infertility, irreversible damage to the genital tract, long-term pelvic/abdominal pain and complications during pregnancy.<sup>1,2</sup>

**We test all women ages 15-24 regardless of sexual history, and all women ages 25 and older who are at an increased risk\*, unless you decline.**

If you test positive, we can prescribe an antibiotic to cure the infections and we will schedule a time to retest in 3 months after treatment.

During your visit you'll also have the chance to ask questions and talk about some topics that may be on your mind, such as:

- Breast health
- Cervical health
- Uterine health
- Sexual and reproductive health
- Mental and emotional health

Making time for your regular healthcare appointments and getting tested regularly are important for your health. Please let us know if you have questions and remember that **we're here for you.**

\* Women with an increased risk are those who have new or multiple partners, have a history of STIs, exchange sex for payment or use injection drugs, those with a new sex partner, more than one sex partner, a sex partner with concurrent partners, or a sex partner who has a sexually transmitted infection.

**References:** **1.** CDC. Chlamydia - CDC Fact Sheet. <https://www.cdc.gov/std/chlamydia/stdfact-chlamydia.htm>. Updated April 1, 2022. Accessed March 3, 2023. **2.** CDC. Gonorrhea - CDC Fact Sheet. <https://www.cdc.gov/std/gonorrhea/stdfact-gonorrhea.htm>. Updated April 22, 2022. Accessed March 3, 2023.