

# Aptima® Urine Specimen Collection Kit

## Patient collection procedure guide

### For female urine specimens

*Patient should not urinate for at least 1 hour prior to specimen collection.*



Wash your hands with soap and water.



Remove urine collection lid and place lid upside down on counter.

**DO NOT TOUCH** inside of the cup with your fingers



**DO NOT CLEAN** urinary opening with a cleaning wipe.



Begin urinating into collection cup.

Stop when urine collection cup is approximately 20 to 30 mL full.

Do not overfill cup.

Finish urinating in the toilet.



Tightly screw lid back on and avoid touching inside of the collection cup.

Place cup in designated area or give to a medical staff member.

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## Patient collection procedure guide

### For male urine specimens

*Patient should not urinate for at least 1 hour prior to specimen collection.*



Wash your hands with soap and water.



Remove urine collection lid and place lid upside down on counter.  
**DO NOT TOUCH** inside of the cup with your fingers



**DO NOT CLEAN** penis opening with a cleaning wipe.



Begin urinating into collection cup.  
Stop when urine collection cup is approximately 20 to 30 mL full.  
Do not overfill cup.  
Finish urinating in the toilet.



Tightly screw lid back on and avoid touching inside of the collection cup.  
Place cup in designated area or give to a medical staff member.

Hologic provides this collection procedure guide as a general informational tool only; it is not an affirmative instruction or guarantee of performance. It is the sole responsibility of the clinician/laboratory to read and understand the appropriate package insert and comply with applicable local, state and federal rules and regulations.

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